

**MEN - GO TO QUESTION 17, PAGE 7**  
**The following questions 13-16 are being asked of WOMEN ONLY:**

13a. Have you had a menstrual period in the last 12 months? *(Circle your answer.)*

1 Yes  
(Go to Q13c)

2 No ----->

13b. What age were you when you had your last period?  
Age \_\_\_\_\_ (Go to Q13c)

13c. Have you gone (or are you currently going) through menopause? *(Circle your answer.)*

1 Yes                      2 No

13d. Have you ever had surgery to remove your uterus and/or ovaries? *(Circle all that apply.)*

2 No, I did NOT have surgery  
(Go to Q14a)

3 Yes, One Ovary

4 Yes, Both Ovaries

5 Yes, Uterus

\_\_\_\_\_ (Go to Q13e)

13e. How old were you when you had surgery? Age \_\_\_\_\_  
(Go to Q14a)

14a. Have you ever taken hormones or birth control pills for menopausal or aging symptoms? *(Circle your answer.)*

1 Yes ----->

14bu. What medications do or did you take? *(Circle all that apply)* When did you take them?

2 No  
(Go to Q15a)

Medication(s)	Age Started	Age Stopped	Reason Stopped
a. Estrogen	_____	_____	_____
b. Estrogen and Progesterone	_____	_____	_____
c. Not sure, but drug name(s) are:	_____	_____	_____
d. _____	_____	_____	_____

15a. To what extent do or did you experience the following menopausal symptoms?	<i>Circle one number for each symptom.</i>			
	Not at all	A little	Somewhat	A lot
a. hot flushes/flashes	0	1	2	3
b. depression	0	1	2	3
c. sleep disturbance	0	1	2	3
d. bone pains	0	1	2	3
e. night sweats	0	1	2	3
15b. To what extent are you <u>currently</u> experiencing any menopausal symptoms?	0	1	2	3

16aa. Please indicate any other treatment(s) or method(s) you are using or have used to control your menopausal symptoms (such as herbal remedies, change of diet, exercise, lifestyle change). \_\_\_\_\_

16bb. During menopause, did you have enough information about the changes you were experiencing? *(Circle your answer.)*  
 1 Yes                      2 No

16cc. Who and what were your sources of information (such as magazines, sister, friend, physician)? \_\_\_\_\_